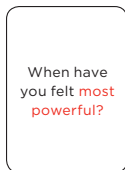


How to play

6–12 players recommended

This deck includes:



(20)
Question cards



(12)
Check-in cards
1/player

Setup:

1. Shuffle deck and place question cards facedown.
2. Hand out 1 check-in card to each player.

Instructions:

1. Player 1 draws a question card, places it faceup, and answers question.
2. Player 2 either answers the same question as player 1 or draws a new question card.
3. The next player answers a question on any card that's already been played or draws a new card. And so on...
4. At any point, a listener can use a check-in card to ask a player how they are feeling. The responding player answers by completing the sentence "I am feeling..." (We recommend that each player use their check-in card no more than 2–3 times, depending on the length of the game.)
5. Once all question cards have been drawn, shuffle the deck and start over.

Guiding principles:

- Confidentiality is key (trust is critical to the success of any group!)
- Everyone participates
- Stretch outside your comfort zone



What are you
most proud of?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.

What do you
most regret?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.

Tell us about
a time when
you overcame
adversity.



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.

When have
you felt most
powerful?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.



When have you
felt **least**
powerful?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.

What brings
out **the best**
in you?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.

What is one
thing **about**
yourself that
you wish you
could change?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.

What is
one thing **in**
your life that
you wish you
could change?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.



Who do you
most admire
and why?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.

Who do you
most envy
and why?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.

A year from
now, what
will you wish
you had done
today?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.

If you could
give **one piece**
of advice to your
younger self,
what would
it be?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.



If there was
one more hour
in the day,
what would you
spend it on?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.

If you had to
describe your life
in 3 sentences,
what would
you say?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.

If you could ask
for anything,
what would you
ask for and
from whom?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.

How would your
closest friend
describe you?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.



What are the
**three things you
most value?**
How does your
daily routine align
with these values?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.

**Who's had an
impact on your
life** who you
haven't thanked?
Why?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.

What **makes you
happy?** Why?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.

What **makes you
sad?** Why?



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.



© Copyright Carole Robin, PhD and LeanIn.Org, 2013.